

# Home Help



**1. Plan, cook and serve a simple one course meal.**

**2. Wash up afterwards. Show how to clean a saucepan or other cooking utensils, cutlery and glasses. You could use a dishwasher for this step, including loading and unloading it.**

**3. Help sort out the washing. Load and unload the washing machine.**

**4. Iron at least two items. They could be things like pillowcases, t-shirts or trousers.**

**5. Sew on a button.**

**6. Help to clean and tidy a living room.**

**7. Clean at least two items in your home. They could be things like a basin or kitchen cupboard, silverware or brass.**

**8. Take sheets, pillow covers and the duvet cover off a bed and help to put clean ones on. Make your own bed for a week.**